

# LEWIS & CLARK GRADUATE SCHOOL OF EDUCATION AND COUNSELING AT 530: CLINICAL ASSESSMENT BY GRAPHIC MEANS (3 credits) FALL 2022

When: Section 1: Wednesday, 9:00AM to 12:15PM, 9/7-9/14
Where: Section 1: Rogers Hall RM 218
Instructor: Dr. Melissa "Missy" Satterberg, Ph.D., LMFT, ATR-BC, CAT

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# CATALOG DESCRIPTION

Examination and analysis of the expressive and content components of graphic imagery in relation to clients' domains of functioning and how it contributes to a deeper understanding of the clients' clinical needs when formulating a clinical assessment and treatment plan.

#### **COURSE DESCRIPTION**

Examination and analysis of art processes and products in relation to the individual's level of functioning, personality, and mental health. Evaluation of form and content of pictorial and sculptural work as they apply to the assessment process. Skills are developed in integrating evidence of developmental level, cognitive/perceptual capacities, psychodynamic processes and environmental stimuli in art work and behavior.

# CAAHEP STUDENT LEARNING OUTCOMES

SLO-B - Distinguishing among the therapeutic benefits of a variety of art processes and media, strategies and interventions, and their applicability to the treatment process for individuals, groups, and families.

SLO-C - Recognize that Art Therapy, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.

SLO-D - Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.

SLO-H - Recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support clients' use of art-making for promoting growth and well-being.

SLO-J - Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.

# CAAHEP CONTENT AREAS

Content Area	Competency Objectives	Mastery Level	Course Assessment
a.S.1, b.S.2 f.S.2, f.S.4, f.S.6; f.A.1, i.S.3, j.S.2, i.K.1, l.K.1, l.A.1	Understand history; evidence based and clinically grounded; demonstrate how theory informs the process, have the ability to perform art therapy assessment and treatment planning;	Introduce	Class Participation; Site Presentation; Assessment Assignment Part I, II, III, IV, & V; Treatment Planning Part I & II
c.S.3, f.K.1 h.S.1, i.S.4. j.S.4	<i>Continued Demonstration of Art Therapy and Treatment</i> <i>Planning</i> : understanding of therapeutic utility and psychological properties of a wide range of art processes and materials in the selection of processes and materials for delivery of art therapy services; definitions and purpose; developmental stages of artwork for all age groups; formulate treatment planning/goal setting; demonstrate use of behavioral observations as indicators of mental disorders.	Reinforce	Class Participation; Site Presentation; Assessment Assignment Part I, II, III, IV & V; Treatment Planning Part I & II

# **COURSE OBJECTIVES**

Upon completing this course, students will be able

- 1. to have a comprehensive understanding of graphic development
- 2. to assess functioning and developmental needs of clients
- 3. to demonstrate how graphic development informs treatment planning
- 4. to demonstrate the ability to write a comprehensive art therapy assessment and treatment plan

# CTSP DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines are met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

# LEWIS & CLARK GRADUATE SCHOOL ESSENTIAL POLICIES

This course adheres to the general policies outlined in the catalog and student handbook of the Lewis & Clark Graduate School of Education and Counseling. This includes full adherence to the following policies:

- Nondiscrimination: go.lclark.edu/gsec-nondiscrimination
- Standards for professional student conduct and academic integrity: go.lclark.edu/gsec-conduct

• Sexual misconduct: go.lclark.edu/titleIX

#### **TEACHING METHODS**

A variety of teaching methods will be used during this course in order to achieve the above objectives. Among those methods will be assigned readings, class discussions, experiential activities, and lectures. Students will watch video clips, engage in group learning tasks, and participate in role-play demonstrations.

#### **REQUIRED TEXTS & READINGS:**

Weekly readings are to be completed for the day indicated. Students are expected to be prepared to discuss the ideas and concepts discussed in the readings. Students are responsible for all of the assigned readings, whether or not they are discussed in class. Please note that there are more readings assigned for some topics than for others.

#### Required Texts

Handler, L., & Thomas, A.D. (2014). *Drawings in assessment and psychotherapy: Research and application*. New York, NY, US: Routledge/Taylor & Francis Group.

Zuckerman, E. (2019). Clinician's Thesaurus (8th Ed). New York: Guilford Press.

#### Reference Text

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th Ed.). Arlington, VA: American Psychiatric Publishing.

Hinz, L. D. (2019). Expressive therapies continuum: A framework for using art in therapy (2<sup>nd</sup> Ed). New York, NY: Routledge, Taylor & Francis Group.

#### Required Articles and Book Chapters

Berberian, M., & Davis, B. (Eds.). (2019). Art Therapy Practices for Resilient Youth: A Strengths-Based Approach to At-Promise Children and Adolescents (1st ed.). Routledge. (Multiple Chapters)

Betts, D. (2013). A review of the principles for culturally appropriate art therapy assessment tools. *Art Therapy*, 30(3), 98-106.

Gantt, L. (2001). The formal elements art therapy scale: A measurement system for global variables in art. *Art Therapy, 18* (1) 50-55.

Gussack, G. Rosal, M. (2016), *Handbook of Art Therapy* (1st Ed, pp.499-606). Malden MA: Wiley Blackwell. (Multiple Chapters)

Mcdowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). Third-order thinking in family therapy: Addressing social justice across family therapy practice. *Family Process*, 58(1), 9–22. doi: 10.1111/famp.12383

McNichols, C., Zinck, K., Witt, K. J., & Neel, J. (2016). Counselors as agents of change: Writing behaviorally stated goals and objectives. Ideas and research you can use: VISTAS

Pénzes, I., van Hooren, S., Dokter, D., Smeijsters, H., & Hutschemaekers, G. (2014). Material interaction in art therapy assessment. *The Arts in Psychotherapy*, 41(5), 484-492.

Snir, S., & Regev, D. (2013). A dialog with five art materials: Creators share their art making experiences. *The Arts in Psychotherapy*, 40(1), 94-100.

Talwar, S. K. (Ed.). (2019). Art therapy for social justice: Radical intersections. New York, NY:

Routledge, Taylor & Francis Group.

#### Site/Population Specific Articles

\*\**if site/population is not represented within the list, the student is responsible for locating and reading an article which has been published in a peer reviewed journal within the last 5 to 10 years.* 

Broecher, J. (2012). Children coping with surgery through drawings: A case study from a parenting class. *Art Therapy*, 29(1), 38-43.

Gerber, N. (1998). A developmental approach to assessment in adult art psychotherapy. *The Arts in Psychotherapy*, 7, 105 -112.

Greece, M. (2003). Art therapy on a bone marrow transplant unit: The case study of a Vietnam veteran fighting myelofibrosis. *The Arts in Psychotherapy*, *30*(4), 229-238.

Haynes, M. J. (2008). Signs of suicide: Using road drawings with inmates on suicide observation at a county jail. *Art Therapy*, 25(2), 78-84.

Hanevik, H., Hestad, K. A., Lien, L., Teglbjaerg, H. S., & Danbolt, L. J. (2013). Expressive art therapy for psychosis: A multiple case study. *The Arts in Psychotherapy*, 40(3), 312-321.

Huet, V. (2017). Case study of an art therapy-based group for work-related stress with hospice staff. *International Journal of Art Therapy*, 22(1), 22-34.

Isfahani, S. N. (2008). Art therapy with a young refugee woman–survivor of war. *International Journal of Art Therapy*, 13(2), 79-87.

O'Neill, A., & Moss, H. (2015). A community art therapy group for adults with chronic pain. *Art Therapy*, 32(4), 158-167.

Tucknott-Cohen, T., & Ehresman, C. (2016). Art therapy for an individual with late stage dementia: A clinical case description. *Art Therapy*, 33(1), 41-45.

# DISABILITY SERVICES STATEMENT

If you require academic accommodations please contact the Office of Student Accessibility in Albany Quadrangle (503-768-7192 or access@lclark.edu). Once you complete the intake process and the Accommodations Agreement, you may Request to Send your Accommodations Letter. Student Support Services staff will then notify faculty of the accommodations for which you are eligible.

# DISCLOSURE OF PERSONAL INFORMATION

Each student should decide for themselves what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

# **CELL PHONES**

Cell phones must be silenced and text messaging is not allowed during class time. If there is an emergency you may exit the class to use your cell.

#### **CLASS PREPARATION**

You must complete all assigned readings and watch any assigned video prior to attending class. This will allow us to focus on application of readings in class. Watching videos will help bring models to life, allowing you to better understand the material and ask questions.

# **COURSE REQUIREMENTS**

Attendance and participation in all classes (5 points)

- a. Attending all classes and being on time.
- b. Giving attention to the instructor and/or other students when they are making a presentation.
- c. Demonstrating ability to recognize subtle nonverbal communication cues to assess your impact on your peers and participate in class.
- d. Demonstrating ability to be open about discussing the impact of your comments on your peers.
- e. Coming to class prepared (having read the assignment for the day and watched any assigned videos)
- f. Contributing to in-class discussion based on the topics and the readings assigned. Contributions may include how you feel about the material but merely articulating your feelings is not sufficient. You are expected to put those feelings in the context of your thoughts and analysis of the material.
- g. Engaging in group discussions with attention and energy.
- h. Asking questions of the instructor and/or other students regarding the material examined in class.
- i. Providing examples to support or challenge the issues talked about in class.
- j. Dealing with other students and/or the instructor in a respectful fashion.
- k. Listening actively. Students will be asked questions related to the course's readings randomly in class by other students and by the instructor. Your participation in small group discussions is also required.
- 1. Adhering to all Professional Qualities. The form for evaluating Professional Qualities requirements will be distributed in class.
- m. Making comments or giving observations about topics in the course, especially those that tie in the classroom material to "real world" problems, or try to integrate the content of the course.

# **Clinical Assignments:**

Students will be working with clients/participants at practicum sites for various assignments for this class. This may involve borrowing their original artworks to photograph or for use during the completion of an assignment. Students need to inform practicum participants that they will need to use their artwork, and that it will be brought back to them once it has been photographed or the student is done using it for the assignment. For one assignment, students will work with an individual who will create several pieces of art for assessment purposes. Access to background information regarding the client's history is necessary for this assignment. Students need to discuss the above matters with their supervisor prior to beginning the assignment, in order to choose suitable participants. Participants (or guardians) from the practicum site must sign a consent form prior to completing any artwork. **Confidentiality**: Conceal any identifying information on artwork (names, family names, friends' names, specific places, DOB, etc.). All signed releases stay on site.

Assignments will be graded on the student's ability to:

- Select significant data
- Relate data across modes of assessment and treatment planning
- Read and interpret visual communication
- Present data concisely in clinical and behavioral terminology

- Identify problem areas and show clearly how those problems emerge from the assessment
- Summarize findings cohesively and concisely
- Develop goals and methods which reflect understanding of the individual, art therapy technique, and art therapy theory.

#### Site Presentation (5 points) DUE Week 3

Present to the class an assessment of your site utilizing a slide presentation. Be sure to discuss the space, neighborhood, system, power dynamics, and population served. Presentation: 10 minutes.

Site Presentation	Emerging .5	Acceptable 1.5	Proficient 2.5
access, opportunity as shaped by social	understanding of how	understanding of how issues are shaped by social location.	Analyzes how dimensions of privilege and oppression shape presenting issues of population served.
2	dynamic(s)	across system relationships and considers how broader social dynamics influence	Describes power dynamics across system relationships and considers how broader social dynamics influence power within the system.

# Assessment Assignment Part I (10 points) - Demographics/Presenting Problems DUE Week 6

Student completes a summary, one to two paragraphs of the case noting presenting problems, societal, social, historical and environmental factors contributing to the case, identifying sources of information and an overview of sessions conducted or observed thus far. Students will ensure to maintain the following format:

CLIENT NAME (pseudonym to maintain confidentiality) AGE GENDER/PRONOUNS ETHNICITY LANGUAGE DIAGNOSES (if available) MEDICATION PRESENTING PROBLEM (why client is being referred to art therapy) HISTORY/SOCIETAL/SOCIAL/ENVIRONMENTAL FACTORS/MENTAL STATUS

AT 530 Assessment Rubric	Emerging 1	Acceptable 3	Proficient 5
-Clinical Overview			
a. Current Clinical Status: Reason for referral is clearly articulated. Any DSM diagnosis or ICD 10 diagnosis are clearly stated.			aspects Any DSM diagnosis or ICD 10 diagnosis are clearly
			stated.

b. Societal, Social/	Some relevant data relate	Most relevant	All relevant
/Environmental facts:	to societal, social,	observable societal,	observable aspects
Examination of client social	historical and	social, historical and	of societal, social,
location, privilege and power	environmental factors are	environmental factors	historical and
within their context and systems	referenced, but	are sought out and	environmental
of care; an evaluation of pertinent	inadequately explored.	integrated into an	factors are explained
historical or environmental factors	Minimal exploration of	understanding of their	
related to the client's functioning	clients' social location,	impact on the client's	Inferences about
have been documented and is	privilege and power within	functioning. Mention	functioning are
integrated into a succinct	the system of care.	of clients social	accurate and
understanding of the significance		location, privilege and	applicable to case.
and impact on the client's		power within the	Thorough
functioning.		system of care.	examination of
			social location,
			privilege and power
			within the system of
			care.

# Assessment Assignment Part II (10 points) – Assessment Method/Rationale/Art Findings DUE Week 7

Student clearly identifies each assessment method, rationale for the method, and evaluation relating to the presenting problem and client's domains of functioning. Student identifies and understands the communicative value of visual language and is able to describe the composition of the art product, the level of graphic development, and observable aspects of the art making process (behaviors and verbalizations) in a clinically, theoretically, and culturally relevant way that assists in assessing the client's functioning in a variety of domains.

AT 530 Assessment Rubric -	Emerging 1	Acceptable 3	Proficient 5
Art Findings/Art Analysis			
Rationale: List the assessment methods utilized and the clinical reasoning for the assessment choice.	minimal to no understanding of rationale.	an overall evaluation of the various domains. Appropriate rationale.	clear rationale relating to client clinical evaluation
media, product, verbalization, mood/ impression, & behavior for each art directive, using obs terms. Selects info that is clinically theoretically and	included; Mood/impression are not included; graphic	Most aspects of the visual language are described and are relevant to the individual; most observable aspects of the art process are included; mood/impression are included; graphic development is accurately assessed.	All components of an art finding and art analysis are identified and integrated in a coherent, cohesive, and concise manner, and free of errors.

# Assessment Assignment Part III (10 points) – Domains of Functioning DUE Week 8

The student is able to integrate findings from assessment artwork, observational data, and information

from file review to assess the client's four specific domains: Physical/Behavioral, Cognitive, Affective/Psychological, and Relational/Environmental. These are described in a way clear, concise and clinical manner. Based on all information presented, student is able to clearly state the client's strengths and limitations within each domain.

AT 530 Assessment Rubric -		Accontable 1 25	Proficient 2.5
	Emerging .5	Acceptable 1.25	Proficient 2.5
Domains of Functioning:	C (1		
a. Physical/ Behavioral: An	Some aspects of the		Relevant artworks,
evaluation of the client's	assessment art are	aspects of the	processes,
functioning in this domain	integrated but not in a	L 1	verbalizations and
includes relevant observable	relevant manner;	and process are	behaviors are described
aspects of the art	verbalizations noted are		and integrated together.
process/product; physical	not relevant or partially	verbalizations are noted;	
appearance; hygiene; body	relevant; behaviors are		client's functioning is
movement/ coordination;	described and are	described; none of these	made.
and relevant data from	partially relevant;	are well integrated;	
supporting resources (e.g.	statement about	statement about	
file review).	functioning is vague or	functioning in domain is	
	inaccurate.	vague.	
b. Cognitive: Evaluate	Some observable aspects	Relevant observable	Relevant observable
client's functioning to	of the assessment art are		aspects of the
include relevant observable	referenced but not in a	products and process are	
aspects of art	relevant manner; graphic		and processes are
process/product; scoring	development is	development is used to	described; graphic
formal assessment tools,	inaccurately identified;	assess cognitive	development is used to
interpretation of scoring;	assessment of	capacity; self-concept	assess cognitive
assessment of level of	self-concept is vague;	and coping capacities are	capacity; self-concept
graphic development; any	assessment of coping	assessed but may be	and coping capacity are
observation of cognitive	capacity is vague;	inaccurate or too	accurately assessed;
processes during the	Cognitive assessments	general	cognitive assessments
assessment session;	improperly referenced	e e e e e e e e e e e e e e e e e e e	are referenced correctly
assessment of self-concept;			and scoring is accurate.
assessment of coping			
capacity			
c. Affective/ Psychological:	Some relevant	Considerable relevant	All relevant observable
Evaluation of the client's	observable aspects of art		aspects of art products
functioning in this domain	products and process are	art products and	and process are
includes the difference	referenced;	process are referenced;	referenced;
between normal and	Psychological	psychological	psychological
abnormal psychological	functioning is assessed	functioning is assessed	functioning is assessed
development through graphic	but it might be inaccurate	accurately and is	and substantially
indicators, art process	or poorly supported;	partially supported;	supported; clear
descriptors, behaviors, and	absence of the indication	statements indicated	distinction made
verbalizations made by the	of normal vs. abnormal	that distinguish normal	between indicators of
client, during the assessment		vs. abnormal	normal vs. abnormal
and how these specific	development, no mention	psychological	psychological
factors inform the overall	of the distinction	development clear	development clear
assessment of client mood	between mood and affect	distinction made	distinction made
and affect with an ability to	Graphic indicators, art	between mood and	between mood and
distinguish affect from	process descriptors,	affect Graphic	affect with a specific
mood. Furthermore, all	behaviors, and	indicators, art process	example of this
inferences are supported by	verbalizations cited that		distinction provided.
evidence taken from art	minimally to support	and verbalizations cited	Graphic indicators, art

process, product, behaviors and verbalization. Additionally, self-concept and self-esteem are assessed. d. Relational:	and self-concept are assessed without support	inferences; self-esteem is assessed and adequate support provided assessment provided.	process descriptors, behaviors, and verbalizations that sufficiently support inferences, Self-esteem and self-concept are documentation is integrated.
d. Kelational: (Social/Familial/Occupationa l/School): Eval of client social location, privilege and power in relationship to contexts of family/social /work/ school dynamics. Tracking the client's patterns of interaction between client and therapist, relational interactions in group, Includes relevant observable aspects of the art process/product; direct observational data of social behavior during the assessment session; relevant material in the artwork or verbalized about family/ social/ work/school dynamics.	aspects of art products and process are referenced; Might be a brief mention of familial functioning; Social behaviors are minimally described; functioning in	aspects of art products and process are referenced; Inferences about functioning are attempted but might be inaccurate; social behaviors are described; functioning in other settings is inferred from assessment session and other data sources.	All relevant observable aspects of art products and process are referenced; Inferences about functioning are accurate; reflection on how client engages with therapist, describe social behaviors; observations are integrated with information about functioning in other settings, supporting documentation is integrated.

#### Assessment Assignment Part IV (10 points) – Clinical Summary DUE Week 9

The student summarizes the assessment findings in a manner that clearly communicates the primary findings based on the analysis of the visual language, content/themes, art making process, and behavior of the client. Utilizes social context, intersectionality, and privilege/power dynamics as deemed appropriate. Uses historical information sparingly and only as a reference point for overall assessment findings.

AT 530 Assessment Rubric - Clinical Summary of	Emerging .5	Acceptable 1	Proficient 2
Assessment Findings a. Significant observable aspects of art making process are described and visual language, themes, behaviors, and verbalizations are referenced. Content indicators and description of pattern and structure is included.	Content indicators are mentioned but unclear and not linked to observable interactions. Minimal to no reference to art process or client's needs.	Minor inaccuracies present. Content indicators are acknowledged with an attempt at describing pattern and structure. Reference to art process or client's needs.	All relevant observable aspects of the art making process are described and other aspects are referenced in an accurate manner with no errors. Historical info referenced in a relevant manner. Well described content, pattern and structure in work.

b. Significant elements of the visual language and developmental level are highlighted and relevant to the client's behaviors, verbalization, and presenting problems. Information is organized into patterns and themes that reflect the client's concerns and treatment needs.	Some elements of the visual language are highlighted but are loosely or not related to themes, art process, client's behavior, verbalization, or presenting problems. Over reliance on historical info.	Most relevant elements of the visual language and behavior observations are described and correctly referenced. Demonstrates some organizational patterns.	All relevant elements of the visual language and developmental level are highlighted. Information is clearly organized into patterns and themes that relate to client's concerns and treatment needs.
c. The main visual/ behavioral themes are described and relate to the presenting problems and identified need. Summary is clear.	Theoretical basis is unclear. Surface level of analysis. Some themes are described but may be inaccurate; other aspects are described but may be irrelevant or loosely related.	Theoretical basis and developing an appropriate analysis. Main themes are described but there may be minor problems integrating them with other aspects of the interaction.	Clear theoretical basis for analysis. All relevant themes are described and supported. Sophisticated form of analysis with no errors.
d. The behavior and verbalizations of the client are described and relate to the art findings, the identified needs, cultural/social context, intersectionality, and privilege/power dynamics.	Some behaviors and verbalization are integrated but may not be done so in a relevant way that provides clarity about the process. Over reliance on background information	Significant behaviors (or all behaviors) are described and related to other aspects of the interaction; minor inaccuracies.	All significant behaviors are described and relevantly related to other aspects of the interaction with no errors. Integration of cultural/social context, intersectionality, privilege/power dynamics. Historical info referenced in a relevant manner.
e. Thorough and concise summary. Utilization of clinical language.	Minimal to no utilization of clinical language. Irrelevant information.	Utilized clinical language and some irrelevant information.	All relevant information included. Thorough and concise summary with no errors.

# Assessment Assignment Part V (30 points) – Comprehensive Assessment & Oral Presentations DUE Week 10

Students will complete a thorough paper based on learning and integration of feedback from previous classes and assignments, adhering to AT 530 Assessment Rubric as noted in above assignments. Students will provide a 30 minute oral presentation of the case to include Q/A.

\*\*Rubric for Comprehensive Assessment is the same as the above assignment Parts I-IV.

Assessment Assignment Part V Oral Presentation	Emerging 1	Acceptable 2	Proficient 3
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a. Overall Organization	No logical flow, none or poor introduction, no discernible organization.	Some parts of the presentation are out of order, overall, logical sequence.	Exceptionally well organized, no missing part, easy to follow.
b. Preparedness	Out of date or misinformation, does not explain the critical information.	Grasp of important concepts, overall understanding of theories, some topics not well understood or presented.	All fundamentals and details are fully integrated and understood.
c. Visual Aids Quality and Effect	Minimal inclusion of visual aids.	Overall high quality of visual aids.	Creative and dynamic use of visual aids. High quality photos.
d. Professional Delivery	Minimal engagement with audience, poor eye contact, monotone voice, long pauses, does not speak clearly.	Overall, maintains posture, eye contact, voice clarity and interest. Professional attire.	Strong presence, clearly communicates, engages audience, professional attire.
e. Effective Use of Time	Ran over time allotment, became distracted, and did not provide time for audience engagement.	Sufficient time for each topic and provided enough time for audience engagement.	Clearly covered all topic areas, no distractions with time for audience engagement.

# Treatment Plan Part I (10 points) – Treatment Approach, Rationale, Risk/Protective Factors; Strengths/Limitations

# DUE Week 12

The student must identify proposed treatment approach with clearly identified time frame based on assessment data, summary and client concerns. The student is expected to identify the correct theoretical basis for selection of treatment approach. The student will provide an overview of the treatment approach for a clearly identified time period. The student is able to clearly state the client's strengths and problems, and identify protective and risk factors which are specific and observable.

AT 530 Assessment Rubric	Emerging .05	Acceptable 1	Proficient 2
- Treatment Approach			

a. The theoretical orientation			Theoretical orientation
as related to treatment goals, media usage, the therapeutic relationship, and themes/tasks for art directives is described clearly and accurately. Inferences are tied to treatment implementation related to assessment.	related to the proposed treatment plan; is related to a few elements of the proposed treatment plan; theory is poorly described or understood; art therapy and counseling strategies	of the 3 elements of the treatment plan, but may contain some inaccuracies in theory or relationship to treatment plan; art therapy and counseling strategies are described with only minor problems. Inferences are linked but	described. Inferences are clearly connected to treatment implementation.
		unclear.	
b. Theoretical Foundations	Accurate identification of		Highly accurate
and Relationship to			identification of all the
Assessment, Treatment, and	E E		key theoretical
Case Formulation:		developed understanding	
Identifies correct	selection of assessment		understanding of how
theoretical basis for	methods, treatment		theory informs the
selection of assessment		,	selection of assessment
methods, treatment			methods, treatment
approaches and case	5 5		approaches, and case
formulation. Describes key	component but is not able	5	formulation. Able to
components of theory that			identify all key
support interpretation of art	component supports		theoretical components
findings.	interpretation of art		which substantially
	findings	<u> </u>	support the art findings
		findings.	

AT 530 Assessment Rubric	Emerging .5	Acceptable 1	Proficient 2
- Rationale		_	
The rationale for	Rationale is loosely	Rationale is mostly	Rationale provides
treatment planning is	related to methods; theory	related to the methods	complete support for
informed by art therapy	is loosely related to	and theory is generally	treatment methods;
and counseling			theory is fully
approaches which are		rationale. Media choices	
described and clearly	assessment.	are in line with treatment	and specific. Media
supported. Media choices		but are not fully	choices are linked to
are appropriate and		explained.	treatment, approach and
support overall			articulated clear
functioning.			rationale relating to
			overall functioning.

AT 530 Assessment Rubric	Emerging .5	Acceptable 1	Proficient 2
- Strengths/Problems			

Protective/Risk Factors:			
a. Strengths / Protective Factors Protective Factors are individual or environmental characteristics, conditions, or behaviors that reduce the effects of stressful life events; increase an individual's ability to avoid risks or hazards; and promote social and emotional competence to thrive in all aspects of life now and in the future.	Strengths are vaguely related to information from assessment findings or supporting materials; may not be client-centered; limited protective factors identified.	information from assessment findings; are stated as client centered; protective factors are included; may be some minor lack of clarity.	
b. Problems/ Risk Factors Risk Factors are individual orenvironmental characteristics, conditions, or behaviors that increase likelihood that a negative outcome will occur.	or supporting materials; are stated as diagnoses or	information from assessment findings; may be unclear; are prioritized with minor inaccuracies; risk factors; may be some minor lack of clarity.	Problems are directly related to information from assessment findings; are accurately prioritized based on sound clinical principles; comprehensive identification of risk factors.

# Treatment Plan Part II (10 points) – Long Term Goals, Short Term Goals, and Methods DUE Week 13

The student will create long term and short term treatment goals that are based on assessment findings and prioritized problem list. The student will construct art therapy directives and select material/media which relate to the client's problems. They are utilizing the client's strengths, are derived from the art processes and products observed in the assessment session(s), are developmentally appropriate, and relate to treatment goals. Theme and media selection is theoretically, clinically and culturally informed while ensuring media choices support client's overall functioning. Be specific. Problems must be client-based and relate to overall functioning. Long-term goals address proposed reduction of identified problems at the end of treatment. Short-term goals must be measurable and observable. They describe an increment of the related long-term goal. Methods must be specific, describing theme, media, and behavior/problem to be addressed.

AT 530 Assessment Rubric	Emerging 1	Acceptable 2	Proficient 3
- Treatment Goals			
a. Long-Term Goals: LTG's	Deficit, symptom, or	Deficit, symptom, or	Deficit, symptom, or
directly address a deficit,	behavior to be addressed	behavior to be addressed	behavior to be
symptom, or behavior that	is vague or unrelated to	is clearly stated and	addressed is clearly
needs to change. The goals	assessment findings; not	related to assessment	stated and related to
are observable and	measurable; partially	findings; goal is partially	assessment findings;
measurable (if required);	related to prioritized	measurable, goal relates	goal is measurable;
clearly stated criteria;	problems list.	to prioritized problems	goal directly addresses
directly address prioritized		list.	prioritized problems
problems list.			list.

b. Short-Term Goals: STG's	Deficit, symptom, or	Deficit, symptom, or	Deficit, symptom, or
directly address deficits or	behavior to be addressed	behavior to be addressed	behavior to be
behaviors that are	is vague or unrelated to	is clearly stated and	addressed is clearly
1			stated and related to
	attempt at measurability;		assessment findings;
achieving the LTG. They are			goal is clearly
observable and measurable.	1	to an incremental step	measurable; direct link
5	the LTG.	toward the LTG.	to an incremental step
frame for completion.			toward the LTG

AT 530 Assessment Rubric	Emerging 1	Acceptable 2	Proficient 4
- Directive/Material/ Media			
	Limited observations from assessment are used in the design of art therapy directives; art therapy directives are loosely related to goals; partially appropriate for client's developmental level.	from assessment inform the design of art therapy directives; art therapy directives are sufficiently related to goals and are developmentally appropriate.	Comprehensive observations from assessment directly inform the design of art therapy directives; art therapy directives are directly related to goals and are developmentally appropriate.

# **EVALUATION AND GRADING**

Due to the skill development nature of this course, it is required that students complete all assignments to pass this class.

Assignment	Point Value
Class Participation	5
Site Presentation	5
Assessment Assignment Part I – Demographics and Presenting Problems	10
Assessment Assignment Part II – Methods, Rationale, and Art Findings	10
Assessment Assignment Part III – Domains of Functioning	10
Assessment Assignment Part IV – Clinical Summary	10
Assessment Assignment Part V – Comprehensive Oral Presentation/Paper	30
Treatment Plan Part I – Approach, Rationale, S/L/R/P List	10
Treatment Plan Part I – Treatment Goals, Directives, Media	10
Total Points in the Course:	100 points

NOTE: All assignments must be turned on time, five percent deduction for each day late.

#### FINAL GRADING

A = 94-100%	B = 83-87%	C = 73-77%
A-=90-93%	B-= 80-82%	C-= 70-72%
B+=88-89%	C+=78-79%	

# COURSE OUTLINE

Class Date	Торіс	Readings & Assignments Due
Week 1:	<ul> <li>Welcome, Review of Syllabus</li> <li>Assessment: Information</li> <li>Gathering, Structure</li> <li>Introduction of sites and population served.</li> <li>How to gather relevant information from charts, client report, and observation.</li> <li>Assessment Format/Structure</li> </ul>	<i>Reading</i> : Gussack, G. Rosal, M. (2016): Ch. 48 Handler, L., & Thomas, A.D. (2014): Ch. 1 Zuckerman, E. (2019): Ch. 4, 5, & 6
Week 2:	Assessment: How To Decide on Appropriate Assessment Tools - Understanding relationship between culture, development and relevant art directives - Formal vs Informal art assessment tools	Reading: Gussack, G. Rosal, M. (2016): Ch. 49, 50, 52 & 53 Handler, L., & Thomas, A.D. (2014): Ch. 18 Hinz, L. D. (2020): Ch. 11 Talwar, S. K., (2019): Ch. 2 https://primo.lclark.edu/permalink/f/1780deo/CP712 92599020001451
Week 3:	Social Location Presentations Assessment: Obtaining mental status information	Site Presentation DUE Reading: Betts, D. (2013). A review of the principles for culturally appropriate art therapy assessment tools. <i>Art Therapy: Journal of the American Art Therapy</i> <i>Association</i> . 30(3), 98-106. Zuckerman, E. (2019): Ch. 1, 2, & 3
Week 4:	Assessment: Collaborative case examination. - Work in pairs, complete art finding analysis assessment: FEATS scale categories (Prominence of Color, Color Fit, Implied Energy, etc.), definition as well as the Art Product Description Worksheet	<ul> <li><i>Reading</i>:</li> <li>Gantt, L. (2001). The formal elements art therapy scale: A measurement system for global variables in art. <i>Art Therapy Journal of the American Art Therapy Association</i>. 18 (1) 50-55.</li> <li>HinzPénzes, I., van Hooren, S., Dokter, D., Smeijsters, H., &amp; Hutschemaekers, G. (2014). Material interaction in art therapy assessment. The Arts in Psychotherapy, 41(5), 484-492.</li> <li>Snir, S., &amp; Regev, D. (2013). A dialog with five art materials: Creators share their art making experiences. The Arts in Psychotherapy, 40(1), 94-100.</li> </ul>

- Practice writing A	Art
Findings	
ETC integration	

Week 5:	Assessment: Domains of Functioning - Understanding the difference between the 4 domains - Physical/Cognitive/Affective Practice writing Art Findings.	<i>Readings</i> : Handler, L., & Thomas, A.D. (2014): Ch. 9 Zuckerman, E. (2019): Ch. 7, 8, 9, 10, 11, & 12
Week 6:	<ul> <li>Assessment: Domains of Functioning</li> <li>Social/Environmental</li> <li>Assessment: Summary</li> <li>How to integrate data collected</li> <li>Identify the themes</li> <li>Practice conceptualizing and writing Domains of Functioning</li> </ul>	Assessment Assignment Part I DUE Reading: Handler, L., & Thomas, A.D. (2014): Ch. 3, 16 & 17 Mcdowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). Third-order thinking in family therapy: Addressing social justice across family therapy practice. <i>Family Process</i> , 58(1), 9–22. doi: 10.1111/famp.12383 Zuckerman, E. (2019): Ch. 14, 15, 16, 17, 18, & 19
Week 7:	Assessment: Summary - Completing the report Practice conceptualization and writing the Summary.	Assessment Assignment Part II DUE Reading: Zuckerman, E. (2019): Ch. 20, 21, 22, 23, & 24
Week 8:	Assessment: Presenting findings - Review how to present findings in a concise and professional manner Continue to practice conceptualization and integrating material in a comprehensive manner.	Assessment Assignment Part III DUE <i>Reading:</i> Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)
Week 9:	<ul> <li>Treatment Planning:</li> <li>Review presented assessments</li> <li>Identifying observable strengths and limitations</li> <li>Understanding LTG, STG SMART Goals</li> <li>Media Selection- developmentally and clinically appropriate, ETC</li> </ul>	Assessment Assignment Part IV DUE Reading: Hinz, L. D. (2020): Ch 12 Zuckerman, E. (2019): Ch. 25
Week 10:	Oral Presentations Treatment Planning: - Review presented assessments - Identifying observable strengths and limitations	Assessment Assignment Part V DUE <i>Reading:</i> Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)

- Practice writing
goals/treatment methods
and rationale

Week 11:	Oral Presentations	Reading:
NO CLASS THE WEEK OF THANKSGIVING	<ul> <li>Treatment Planning:</li> <li>Review presented assessments</li> <li>Identifying observable strengths and limitations</li> <li>Practice writing goals/treatment methods and rationale</li> </ul>	McNichols, C., Zinck, K., Witt, K. J., & Neel, J. (2016). Counselors as Agents of Change: Writing Behaviorally Stated Goals and Objectives. Ideas and Research You Can Use: VISTAS
Week 12:	<ul> <li>Treatment Planning: Media</li> <li>Selection</li> <li>Developmentally and clinically appropriate interventions.</li> <li>Workshop: utilizing Treatment Plan Part I to develop interventions</li> </ul>	<b>Treatment Plan Part I DUE</b> <i>Reading:</i> Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)
Week 13:	Treatment Changes, Medication, Medical Conditions Impact on Evaluations - Adjusting plans - Common psychiatric medications - The masking of medical conditions	Treatment Plan Part II DUE Reading: Hinz, L. D. (2020): Pages 214-224 Zuckerman, E. (2019): Ch. 27 & 28
Week 14:	Review, Closing, Art Experiential Evaluations are to be completed in class before leaving.	Students are to bring an electronic device to complete online Course Evaluations. Students should request a Department Tablet if unable to bring a personal device.